

# Patient Information

1. First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ DOB: \_\_\_\_\_

2. MRN #: \_\_\_\_\_

## PATIENT INTAKE

### ABOUT YOU

#### 3. Home Address

Address 1 \_\_\_\_\_ Address 2 \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

#### 4. Contact Information

Mobile Phone \_\_\_\_\_ Home Phone \_\_\_\_\_  
Primary Email Address \_\_\_\_\_

#### 5. Demographic Information

Sex at birth: \_\_\_\_\_ Marital Status: \_\_\_\_\_  
☐ Male ☐ Female ☐ Single ☐ Married ☐ Divorced ☐ Widowed ☐ Other

#### 6. Emergency Contact Information

Emergency Contact Name: \_\_\_\_\_ Contact Phone Number: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

#### 7. Employer Information

Employment Status: \_\_\_\_\_  
☐ Employed ☐ Student ☐ Not Employed ☐ Retired ☐ Unknown  
Employer Name: \_\_\_\_\_ Occupation: \_\_\_\_\_  
Physical Work Duties: \_\_\_\_\_

## 8. Referral Information

Referring Physician:

Referring Patient:

How did you hear about us?

☐ Word of mouth ☐ Advertisement ☐ Social media ☐ Direct mail or email campaign ☐ Event ☐ Internet

Other:

## 9. Number of Children:

## 10. Personal Information

Height - Feet:

Height - Inches:

Weight (in pounds):

## 11. Spouse's Name:

## 12. Do you have insurance?

☐ Yes

☐ No

## 13. Insurance Payer

Insurance Payer

## 14. Insurance Policy Information:

Insurance Plan Name

ID/Policy Number:

Group Number:

Relationship to Patient:

☐ Self ☐ Spouse ☐ Parent ☐ Employer ☐ Caregiver ☐ Other

Insured's First & Last Name:

Insured's Date of Birth:

## 15. Insurance Card Upload

# VISIT PURPOSE

# Patient Health Questionnaire

ACN Group, Inc. Form PHQ-102

ACN Group, Inc. Use Only rev 3/27/2003

Patient Name \_\_\_\_\_

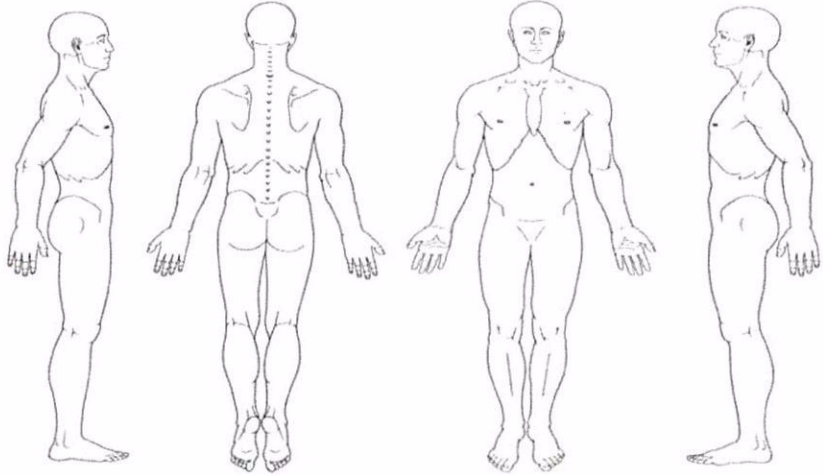
Date \_\_\_\_\_

1. When did your symptoms start:

Describe your symptoms and how they began:

2. How often do you experience your symptoms? Indicate where you have pain or other symptoms

- ☐ Constantly (76-100% of the day)
- ☐ Frequently (51-75% of the day)
- ☐ Occasionally (26-50% of the day)
- ☐ Intermittently (0-25% of the day)



3. What describes the nature of your symptoms?

- ☐ Sharp ☐ Shooting
- ☐ Dull ache ☐ Burning
- ☐ Numb ☐ Tingling

4. How are your symptoms changing?

- ☐ Getting Better
- ☐ Not Changing
- ☐ Getting Worse

5. How bad are your symptoms at their:

- None Unbearable
- a. worst: ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩
- b. best: ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩

6. How do your symptoms affect your ability to perform daily activities?

- ① No complaints      ② Mild, forgotten with activity      ③ Moderate, interferes with activity      ④ Limiting, prevents full activity      ⑤ Intense, preoccupied with seeking relief      ⑥ Severe, no activity possible

7. What activities make your symptoms worse:

8. What activities make your symptoms better:

9. Who have you seen for your symptoms?

- ☐ No One ☐ Medical Doctor ☐ Other
- ☐ Other Chiropractor ☐ Physical Therapist

a. When and what treatment?

b. What tests have you had for your symptoms and when were they performed?

- ☐ Xrays date: \_\_\_\_\_ ☐ CT Scan date: \_\_\_\_\_
- ☐ MRI date: \_\_\_\_\_ ☐ Other date: \_\_\_\_\_

10. Have you had similar symptoms in the past?

- ☐ Yes ☐ No

a. If you have received treatment in the past for the same or similar symptoms, who did you see?

- ☐ This Office ☐ Medical Doctor ☐ Other
- ☐ Other Chiropractor ☐ Physical Therapist

11. What is your occupation?

- ☐ Professional/Executive ☐ Laborer ☐ Retired
- ☐ White Collar/Secretarial ☐ Homemaker ☐ Other
- ☐ Tradesperson ☐ FT Student

a. If you are not retired, a homemaker, or a student, what is your current work status?

- ☐ Full-time ☐ Self-employed ☐ Off work
- ☐ Part-time ☐ Unemployed ☐ Other

12. What do you hope to get from your visit/treatment (select all that apply):

- ☐ Reduce symptoms ☐ Explanation of condition/treatment ☐ How to prevent this from occurring again
- ☐ Resume/increase activity ☐ Learn how to take care of this on my own ☐

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_



## Patient Health Questionnaire - page 2

ACN Group, Inc PHQ-102

ACN Group, Inc. Use Only rev 3/27/2003

Patient Name \_\_\_\_\_

Date \_\_\_\_\_

What type of regular exercise do you perform?

☐ None

☐ Light

☐ Moderate

☐ Strenuous

What is your height and weight? BP: \_\_\_\_\_ / \_\_\_\_\_

Height

--	--	--

Feet Inches

Weight

--	--	--

lbs.

For each of the conditions listed below, place a check in the Past column if you have had the condition in the past. If you presently have a condition listed below, place a check in the Present column.

Past Present

- |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Headaches                |
| <input type="checkbox"/> | <input type="checkbox"/> | Neck Pain                |
| <input type="checkbox"/> | <input type="checkbox"/> | Upper Back Pain          |
| <input type="checkbox"/> | <input type="checkbox"/> | Mid Back Pain            |
| <input type="checkbox"/> | <input type="checkbox"/> | Low Back Pain            |
| <br>                     |                          |                          |
| <input type="checkbox"/> | <input type="checkbox"/> | Shoulder Pain            |
| <input type="checkbox"/> | <input type="checkbox"/> | Elbow/Upper Arm Pain     |
| <input type="checkbox"/> | <input type="checkbox"/> | Wrist Pain               |
| <input type="checkbox"/> | <input type="checkbox"/> | Hand Pain                |
| <br>                     |                          |                          |
| <input type="checkbox"/> | <input type="checkbox"/> | Hip/Upper Leg Pain       |
| <input type="checkbox"/> | <input type="checkbox"/> | Knee/Lower Leg Pain      |
| <input type="checkbox"/> | <input type="checkbox"/> | Ankle/Foot Pain          |
| <br>                     |                          |                          |
| <input type="checkbox"/> | <input type="checkbox"/> | Jaw Pain                 |
| <br>                     |                          |                          |
| <input type="checkbox"/> | <input type="checkbox"/> | Joint Swelling/Stiffness |
| <input type="checkbox"/> | <input type="checkbox"/> | Arthritis                |
| <input type="checkbox"/> | <input type="checkbox"/> | Rheumatoid Arthritis     |
| <br>                     |                          |                          |
| <input type="checkbox"/> | <input type="checkbox"/> | General Fatigue          |
| <input type="checkbox"/> | <input type="checkbox"/> | Muscular Incoordination  |
| <input type="checkbox"/> | <input type="checkbox"/> | Visual Disturbances      |
| <input type="checkbox"/> | <input type="checkbox"/> | Dizziness                |

Past Present

- |                          |                          |                             |
|--------------------------|--------------------------|-----------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | High Blood Pressure         |
| <input type="checkbox"/> | <input type="checkbox"/> | Heart Attack                |
| <input type="checkbox"/> | <input type="checkbox"/> | Chest Pains                 |
| <input type="checkbox"/> | <input type="checkbox"/> | Stroke                      |
| <input type="checkbox"/> | <input type="checkbox"/> | Angina                      |
| <br>                     |                          |                             |
| <input type="checkbox"/> | <input type="checkbox"/> | Kidney Stones               |
| <input type="checkbox"/> | <input type="checkbox"/> | Kidney Disorders            |
| <input type="checkbox"/> | <input type="checkbox"/> | Bladder Infection           |
| <input type="checkbox"/> | <input type="checkbox"/> | Painful Urination           |
| <input type="checkbox"/> | <input type="checkbox"/> | Loss of Bladder Control     |
| <input type="checkbox"/> | <input type="checkbox"/> | Prostate Problems           |
| <br>                     |                          |                             |
| <input type="checkbox"/> | <input type="checkbox"/> | Abnormal Weight Gain/Loss   |
| <input type="checkbox"/> | <input type="checkbox"/> | Loss of Appetite            |
| <input type="checkbox"/> | <input type="checkbox"/> | Abdominal Pain              |
| <input type="checkbox"/> | <input type="checkbox"/> | Ulcer                       |
| <input type="checkbox"/> | <input type="checkbox"/> | Hepatitis                   |
| <input type="checkbox"/> | <input type="checkbox"/> | Liver/Gall Bladder Disorder |
| <br>                     |                          |                             |
| <input type="checkbox"/> | <input type="checkbox"/> | Cancer                      |
| <input type="checkbox"/> | <input type="checkbox"/> | Tumor                       |
| <input type="checkbox"/> | <input type="checkbox"/> | Asthma                      |
| <input type="checkbox"/> | <input type="checkbox"/> | Chronic Sinusitis           |

Past Present

- |                          |                          |                              |
|--------------------------|--------------------------|------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Diabetes                     |
| <input type="checkbox"/> | <input type="checkbox"/> | Excessive Thirst             |
| <input type="checkbox"/> | <input type="checkbox"/> | Frequent Urination           |
| <br>                     |                          |                              |
| <input type="checkbox"/> | <input type="checkbox"/> | Smoking/Use Tobacco Products |
| <input type="checkbox"/> | <input type="checkbox"/> | Drug/Alcohol Dependence      |
| <br>                     |                          |                              |
| <input type="checkbox"/> | <input type="checkbox"/> | Allergies _____              |
| <input type="checkbox"/> | <input type="checkbox"/> | Depression                   |
| <input type="checkbox"/> | <input type="checkbox"/> | Systemic Lupus               |
| <input type="checkbox"/> | <input type="checkbox"/> | Epilepsy                     |
| <input type="checkbox"/> | <input type="checkbox"/> | Dermatitis/Eczema/Rash       |
| <input type="checkbox"/> | <input type="checkbox"/> | HIV/AIDS                     |

### Females Only

- |                          |                          |                      |
|--------------------------|--------------------------|----------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Birth Control Pills  |
| <input type="checkbox"/> | <input type="checkbox"/> | Hormonal Replacement |
| <input type="checkbox"/> | <input type="checkbox"/> | Pregnancy            |
| <input type="checkbox"/> | <input type="checkbox"/> |                      |

### Other Health Problems/Issues

- |                          |                          |  |
|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> |  |
| <input type="checkbox"/> | <input type="checkbox"/> |  |
| <input type="checkbox"/> | <input type="checkbox"/> |  |

How many meals do you eat a day: \_\_\_\_\_

Indicate if an immediate family member has had any of the following:

- |   |   |                                   |                                 |                                |                          |
|---|---|-----------------------------------|---------------------------------|--------------------------------|--------------------------|
| <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Heart Problems | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Cancer | <input type="checkbox"/> Lupus | <input type="checkbox"/> |
|---|---|-----------------------------------|---------------------------------|--------------------------------|--------------------------|

List all prescription and over-the-counter medications, and nutritional/herbal supplements you are taking:

_____	_____	_____
_____	_____	_____

List all the surgical procedures you have had and times you have been hospitalized:

_____	_____	_____
_____	_____	_____

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_

Doctor's Additional Comments Recent: Injuries, Illnesses, Accidents

Any cognitive troubles or memory problems: \_\_\_\_\_

Doctors Signature \_\_\_\_\_

Date \_\_\_\_\_

## INFORMED CONSENT TO CHIROPRACTIC ADJUSTMENT AND CARE

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I hereby request and consent to the performance of chiropractic adjustments and other chiropractic procedures, including various modes of physical therapy and diagnostic x-rays, on me ( or the patient named below, for whom I am legally responsible) by the doctor of chiropractic named below and/or other licensed doctors of chiropractic who now or in the future treat me while employed by, working at associated with or serving as back-up for the doctor of chiropractic named below, including those working at the clinic or office listed below or any other office or clinic.

I have had the opportunity to discuss with the doctor of chiropractic named below and/or with other office or clinic personnel the nature and purpose of chiropractic adjustments and other procedures.

I understand and I am informed that, as in the practice of medicine, in the practice of chiropractic there are some risks to treatment, including, but not limited to, fractures, disc injuries, stroke, dislocations, and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely on the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts known, is in my best interest.

I have read, and or have had read to me, the above consent. I have also had an opportunity to ask questions about its content, and by signing below I agree to the above-named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

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*To be completed by patient:*

\_\_\_\_\_  
Print Patient's Name

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date Signed

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*To be completed by doctor or staff:*

Gravon's Natural Chiropractic Center  
1024 Oxford St  
Worthington, MN 56187

Name of Doctor(s) treating this patient:

Dr. Janine Bremer



## GRAVON'S NATURAL CHIROPRACTICE CLINIC FINANCIAL INFORMATION

The purpose of this information is to clarify your financial responsibilities.  
We can then devote our efforts to helping you get the best results in the shortest amount of time.  
These are the most common services we provide and when they are performed.

Procedure	Purpose	When Performed
Consultation	Tour the office, meet the doctor, discuss your health problem, and review your case history.	First visit.
Evaluation/Management [Examination(s)]	Ascertain the nature and severity of your health problem. Assess and evaluate your new or current health status and determine an appropriate course of action.	First visit, new conditions, exacerbations, and re-examinations.
X-Rays	Visualize the location of spinal problems and confirm other examination findings.	If necessary, first visit, re-injuries, and at certain progress examinations.
Adjustment	Reduce the Vertebral Subluxation Complex and help stabilize your spinal or joint problem.	As indicated by examination or evaluation.
Therapy	Reduce inflammation and swelling, speed the healing process, and help provide relief.	As indicated by examination or evaluation.

### • Forms of Payment

Patients are responsible for full payment at the time of service. We accept cash, personal checks, VISA and Mastercard. Any credit arrangements must be authorized in advance.

### • Insurance/Contract Services/Third Party

Other options are available if group health insurance, worker's compensation, a managed care provider, Medicare, personal injury, or the result of an auto accident covers your care.

All professional services are rendered and charged to the patient receiving care and not to an insurance provider. We will supply you with statements, reports, or other documents to help you receive reimbursement from a third party. We will not become involved in disputes with your insurance company regarding deductibles, co-payments, covered charges, secondary insurance, "usual and customary" charges, etc. other than to supply factual information.

### • Billing

Any outstanding balances are billed monthly and considered past due 10 days after the invoice date or when special arrangements are not met. Returned checks are subject to a \$15.00 fee. Balances older than 30 days will accrue interest charges of 1.5% per month, plus any legal or collection fees.

#### Patient Agreement

I have read, understood, and agreed to this agreement.

#### Questions

Please ask if you have questions about this agreement or your ability to comply with its provisions. We are here to help.

\_\_\_\_\_  
Patient/Responsible Party Signature      Date

\_\_\_\_\_  
Patient/Responsible Party Signature      Date

## Attorney Representation and Protection of Balance

I, the undersigned patient, am directing my attorney, \_\_\_\_\_, to pay any outstanding bills out of my settlement and, in effect, protecting any such balance. I hereby make and declare the instructions contained to be irrevocable. I fully understand that I am directly responsible for all medical chiropractic bills and this arrangement is made solely for the doctor's additional protection and consideration of his awaiting payment. I further understand that such payment is not contingent on any settlement, judgement or verdict by which I may eventually recover said fee. I have been advised that if my attorney does not wish to cooperate in protecting the doctor's interest, the doctor will not await payment but will require me to make payment on a current status.

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_ Witness \_\_\_\_\_

ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY POLICY

NAME OF INDIVIDUAL: \_\_\_\_\_

This is to acknowledge receipt of a copy of Gravon's Natural Chiropractic Center's Notice of Privacy Policy with an effective date of 4-4-03.

Individual's (or Legal Representative's) Name: \_\_\_\_\_

Individual's (or Legal Representative's) Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Capacity of Authority of Legal Representative (if applicable)\*: \_\_\_\_\_

\*May be requested to provide verification of representative status.

For office use only

We made the following efforts to obtain written acknowledgement of receipt of the Notice of Privacy Practices

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

However, acknowledgement could not be obtained because:

- ☐ Individual refused to sign
- ☐ Communication barriers prohibited obtaining the acknowledgement
- ☐ An emergency situation prevented us from obtaining acknowledgement
- ☐ Other (please specify):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_